MATERIALS FOR ONE PLACE MAT
12" by 16" rectangle focus fabric
12" by 16" fusible batting
Fat Quarter for backing and mitered border
Thread for machine quilting and assembly
rotary cutting supplies
basic sewing supplies including a fabric marker
and a walking foot for your sewing machine

INSTRUCTIONS

1. Place the batting rectangle, fusible side down, centered on the wrong side of the fat quarter as shown. Press the batting in place following the manufacturer’s instructions that accompanied the batting when purchased.

2. Layer the focus fabric, right side up on top of the batting rectangle and press in place (the fabric will not fuse to the batting, the fusible is on the bottom. This step will create a “cling” to help hold the fabric in place). Pin through all layers.

3. Machine quilt through all 3 layers as desired. This is the perfect opportunity to practice your machine quilting! When selecting your quilting pattern, keep in mind that only a 9" by 13 rectangle of the focal fabric will show after the mitering process. Select a design that will show in that area. Also remember that all of your stitching lines will show on the back of the finished placemat. Select your thread color and stitch pattern with this in mind.

4. After the quilting is completed or as part of the quilting process, stitch completely around the outside edge of the focus fabric, ¼ inch from the raw edge.

5. Using your rotary supplies, trim the fat quarter backing fabric 2 inches from the raw edge of the batting and focal fabric rectangles on all sides. Your backing fabric will measure 16" by 20".

6. Place the 45 degree line on your ruler against one raw edge of the focal fabric. Place the ¼ inch line on the corner of the focal fabric as shown. Trim. Repeat for all 4 corners.

Note: This is especially easy to do if you own any ruler produced by Trudie Hughes. The 45 degree lines on those rulers cross exactly at the ¼ inch line. Place the Trudy ruler so that the 45 degree lines are aligned with the top and side edge of the focal fabric. Trim.
7. Turn the placemat unit over, having the backing fabric face up. Use your rotary ruler and fabric marking pencil, draw a line ½ inch from each raw edge on all four sides of the fabric. Turn the unit over and fold the fabric to the lines you have drawn and press. This will create a finished edge.

8. Working with one corner, fold the placemat diagonally on a 45 degree angle, to the back, with the right sides showing, matching the folded edges. Stitch the corner seam, backstitching at the starting and stopping points. Clip the corner. Repeat for the remaining corners.

9. Turn the mitered borders over to the front of the placemat and press in place. Top stitch very close to the folded edge on all 4 sides. Add additional stitching lines if desired.

Repeat for additional placemats!

Enjoy!

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